

THE DAILY EDGE *presents...*

#1 BEST-SELLING AUTHOR

ZACH SCHEIDT'S

# BIG BOOK OF INCOME

47 WORK-FREE WAYS TO LIVE A RICH RETIREMENT

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WITH PATRICK MCKELVEY

# THE DAILY EDGE

NEWS ★ POLITICS ★ MARKETS ★ RETIREMENT ★ AMERICA

*A Rich Retirement Is Waiting... Do You Have An Edge?*

## Don't Break Your New Years Resolution Just Yet...

Exclusive Book Excerpt from Zach Scheidt

Dear Reader,

As a *Daily Edge* reader, I want to give you a sneak preview of my new best-selling book called the **Big Book of Income: 47 Work-Free Ways to Live a Rich Retirement**. I wrote this book to serve as a lifeline to retirees (or future retirees) who need extra income to cover day-to-day expenses.

We have already gone ahead and reserved a full, free autographed copy for you. [Click right here](#) to learn how to claim it now.

For generations, the thought of retirement filled workers with anticipation. The American dream was to work hard, be financially responsible and enjoy your golden years with friends and family.

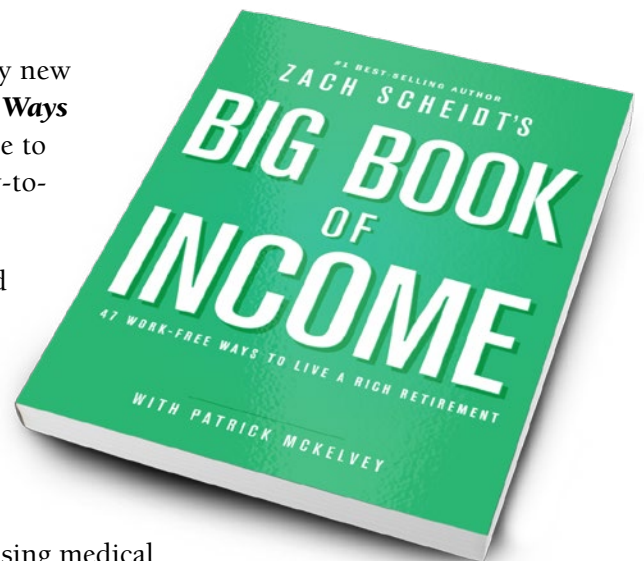
But for too many retirees, this dream has become a nightmare. Rising medical costs, underfunded retirement accounts, low interest rates and a near-bankrupt Social Security system are just a few of the challenges retirees face.

While the challenges for retirees are real, there are many alternative ways to generate extra income. My hope is that this book will help you build your income, so you can focus on the things that really matter!

I'll share secrets like how to:

- Squeeze as much as **an extra \$6,840 per year out of your Social Security** benefits...
- “UPGRADE” Your Savings Account And Earn **12 Times More Interest** — I Can't Believe More Seniors Aren't Using This Simple Trick!
- **Collect A Rare 7% GOLD Dividend** That NOBODY Is Talking About! (It's Paid Like Clockwork For Over 10 Years, Too!)
- How To Make **\$35 An Hour Walking On The Beach... Earn Up To \$1,720 In “Backdoor Rental Income”...** Go Shopping And NET CASH The Next Time You Go To The Grocery Store... And More!

In this section of the [Big Book of Income: 47 Work-Free Ways to Live a Rich Retirement](#) you'll learn one of these life-changing work-free income secrets.



## *The Big Book of Income* — Exclusive *Daily Edge* Book Excerpt

# This App Will Literally Pay You to Work Out...

How many times have you made your New Year's resolution to get to the gym or lose weight before it's time to hit the beach Memorial Day weekend, only to fall flat a few weeks into the year?

I think we've all been there... I had my own goal of getting to the gym four days a week for 2017, but that resolution has already been hindered! Being a chauffeur for my kids has a way of cutting into gym time...

Just getting to the gym is tough for many, especially if you work late or have family members to tend to.

And even if you have the motivation to sign up, a lot of people tend to fall short on their goals after a few classes or dedicated weeks because normal life events get in the way. At that point, any progress made is crushed.

But this repetitive scenario no longer has to be the case.

If you've made it your goal to get in shape or lose a few pounds, I've got a secret that will motivate you while putting money in your pocket at the same time!

No more struggling to get out of bed or finding any excuse not to go — because this app rewards you when you make your goals and hits you in your pocketbook if you neglect them!

### Get Fit with PACT

The Pact app is available on most smartphones and has helped thousands of Americans conquer their fitness goals. Pact's reward and penalty structure creates the natural motivation to get to the gym even when you're feeling lazy!

The way the app works is simple. Once you download and create a profile, you tell the app how many times you want to work out a week, and if you don't hit that goal, you will be penalized for each missed work out.

The amount you can make per gym session is 50–75 cents, but missed workouts cost \$5 or more. You can even set the penalty rate higher if you'd like, if you need that extra kick of motivation.

So when you are sitting on the couch feeling awfully comfortable, having the Pact app will motivate you to get outside and get to the gym.

I like to think of it as getting a ticket for not moving your car. Everybody sprints when they know a ticket is coming. Except you don't get paid when you get to your car in time! Even though the payouts are fairly small, it's a great way to make a couple extra bucks while getting in shape.

### Here Is How the App Works...

It tracks you through your mobile phone and GPS. So any time you are at the gym, run or bike for longer than 30 minutes, you are credited a workout. 10,000 steps in a day also counts as a workout.

Once you reach \$10.00 in rewards, you can withdraw via PayPal.

But the app gets better with two other Pact options...

It's not just working out that helps get you in shape and feel great.

You can also create a "pact" to track your meals throughout the day. Each day you record what you eat, you are rewarded the same way you would be for a workout.

For this pact, you have to download the MyFitnessPal app to keep track of meals. MyFitnessPal makes it easy to stay in shape because its database contains the nutritional information on nearly every food available. For example, you can take a picture of the bar code on your spaghetti box and MyFitnessPal will have the information displayed instantly.

Pact app also has a version where you can declare the number of vegetables you want to eat in a week. For this pact, you have to send a photo of the vegetable you are cooking/ preparing. For the veggie pact, you can declare a maximum of five a day, or 35 veggies a week, with similar rewards as the other pacts.

For any of the pacts, you can change your goals weekly.

If you start with the maximum for each (seven workouts, seven days of meal tracking, 35 veggies), you might find that it is hard to keep up!

No worries — just change your goals for the following week.

So far, Pact app has recorded 11.8 million workouts, 4.6 million meals and 6.2 million fruits/veggies eaten, with a 92% success rate!

Here are two testimonials taken from Pact's website:

*I was looking for something to keep me motivated and came across the Pact app.*

*I began syncing with RunKeeper and getting in my runs either before work or during my lunch break. Over the summer, the weight fell off and I lost almost 50 pounds since my peak weight.*

And:

*Even for someone who is very active (cycling, running, CrossFit), Pact gives me that extra boost of motivation when meaningless excuses get in the way of my goals. To date, I've logged 199 workouts and I'm still going strong! Thanks, Pact!*

If it's been your goal to get in shape and live a healthier life, I recommend downloading Pact and earning a few extra dollars a month!

For most, living a healthy lifestyle while using Pact should generate enough income to cover the cost of your gym membership. It's a win-win both ways!


Visit: [www.pactapp.com](http://www.pactapp.com) for more information.

If you don't already have a free copy of my new book, please [click here](#) or call **1-866-361-7662** and mention promotion code **WLIRT302**! You don't want to miss out on these work free income opportunities, and copies are limited!

I consider this essential reading for anyone tired of blowing through their savings to make ends meet, not having enough money to buy their children or grandchildren Christmas presents, or not living retirement the way they imagined...

It is also a must read for those who want to stop relying on Social Security checks... develop adventure and excitement in their lives... and enter the world of effortless income generation.

Here's to growing your income,



Zach Scheidt  
Editor, *The Daily Edge*

**P.S.** While this book is NOT for sale anywhere in the world at any price, but I've made arrangements to deliver a FREE copy to your doorstep.

Why would I do this?

Well, consider it a special thank you for being a loyal *Daily Edge* reader.

**Again, please [click here](#) or call 1-866-361-7662 and mention Promo Code WLIRT302!**





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